

SHEPTON BEAUCHAMP 10k Cross-Country Run

Sunday 18th September 2016 11am

Book early for this increasingly popular annual event. Book in advance & you can sign in on the day using the 'fast track' desk.

Follow a beautiful scenic route. The route will cover countryside and some rough terrain, as well as passing through the beautiful National Trust grounds at Barrington Court. The race will start and finish at the Recreation Field, Brimgrove Lane, Shepton Beauchamp, **TA19 0NE**. Car parking and changing facilities available at the Recreation Field. **Registration opens at 10.00am**

Race numbers will be allocated on the day when you sign in.
Sorry no dogs with runners.

Trophies for the 10k - First Male, First Female, & Shepton Beauchamp First Male, First Female resident.
Trophy Presentation 12.30pm. All 10k finishers will receive a memento.

Results will be posted on www.sheptonbeauchamp.org.uk and also displayed at Shepton Stores. Shepton Beauchamp.

There will be refreshments, including pork rolls / burgers and a bar available on the Recreation Field during and after the event.

Please remember the Countryside Code and close all gates behind you.
THANK YOU

Kindly sponsored by

**LMS INTERNATIONAL LIMITED J H MARITIME LIMITED
STONEWALK CONSTRUCTION LTD THE LETHBRIDGE
COMMITTEE & TOTAL PLUMBING LIMITED**

Contact: Dave Burwood - 01460 240617
or Sharon Humphreys - Sharon@lmsint.co.uk

THIS IS A SHEPTON BEAUCHAMP PARISH COUNCIL PARISH PLAN EVENT

Shepton Beauchamp 10k Cross-Country Run 2016 Entry Form

Forename:		M/F:	
Surname:		DoB:	
Email Address:			
Address:			
Postcode:		Telephone No:	
Running Club (if applicable):			

Entry Fee £9 in advance or £10 on the day

If you are a Shepton Beauchamp resident tick box
Please collect an 'SB sticker' when registering

Entries on the day will incur an additional charge and are subject to space availability.
Please note: No race number NO race results

Applicants must be 17yrs or over for the 10K Cross-Country Run. I declare that I will follow the marked route, that I am 17yrs of age or over, and accept that the organisers will not be liable for any injury, illness, loss or damage, action claim, costs or expenses which may arise in consequence of my participation in this event. I declare that I will not compete in this race unless I am in good health on the day of the race and, in any event, I will only compete at my own risk.

SIGNED:

DATE:

Data Protection Act: We agree not to pass on any personal details to third parties. We will however send you details of next year's Event.

Please tick box if you would like race results emailed to you.

Post entry forms to: Hillside House, Shells Lane, Shepton Beauchamp, Ilminster, TA19 0LX. Please enclose a cheque made payable to: **Shepton Beauchamp Events Team**
Forms & payment by cheque or cash can also be dropped into Shepton Stores.